FIVE TIPS for SUCCESS

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BE PROACTIVE
Request any accommodations you’ll need in advance. Pay attention to Student Life Disability Services and university deadlines.

GET ORGANIZED
Map out the dates for all of your assignments and exams. Schedule recurring times to study/work.

ADVOCATE FOR YOURSELF
Know your strengths and needs and communicate them. Everyone has a right to equal access. If issues arise, reach out ASAP.

USE YOUR RESOURCES
There are so many resources on campus to help you succeed. Not sure where to turn? Ask!

TAKE CARE OF YOURSELF
Sleep. Eat well. Exercise regularly. Talk to a friend or mentor. Go for a walk. Find ways to unplug and relax.